

ACTIVITY CALENDAR APRIL 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE: SCHEDULE OF ACTIVITIES/PROGRAMS MAY CHANGE WITHOUT NOTICE. THANK YOU!</p>		<p>1 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:30 a.m. *Picnic Lunch – 3 2:00 p.m. Baking-2 2:00 p.m. Sing Along – 3 2:00 p.m. Domino – 4 3:00 p.m. Sing Along – 4 3:15 p.m. 1:1/Walks 4:00 p.m. Happy Half</p> <p style="text-align: center;">“April Fool’s Day”</p>	<p>2 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Chair Yoga - 3 11:15 a.m. Fitness Class - 2 11:40 a.m. Chair Yoga - 4 12:50 p.m. Walks/1-1 - 2 2:30 p.m. Birthday Party – Luna Rossa 4:00 p.m. Happy Half 6:45 p.m. Domino</p>	<p>3 9:00 a.m. Walk a Block 10:00 a.m. Parkinson’s Fitness 11:00 a.m. Fitness – 3 12:00 p.m. Zumba– 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Tea & Toast 2:00 p.m. Hangman Game 3:30 p.m. Resident Food Council Meeting 2:00 p.m. Music Therapy - 2 4:00 p.m. Happy Half 6:45 p.m. Chocolate Mousse Social</p>	<p>4 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Classical Piano – Patrick Ray 4:00 p.m. Happy Half 6:45 p.m. Movie Night</p> <p style="text-align: center;">“National Librarian Day”</p>	<p>5 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 1:45 p.m. Ball Tossing- 2 2:00 p.m. Flower Arranging 3:00 p.m. Manicure & Hand Massage 4:00 p.m. Happy Half 6:45 p.m. Art Class</p>
<p>6 9:00 a.m. Walk a Block 10:30 a.m. Fitness - 2 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit - 4 12:50 p.m. Walks/1-1 – 2 1:45 p.m. Sensory - 2 2:00 p.m. Bingo 4:00 p.m. Happy Half 6:45 p.m. Word Timer</p>	<p>7 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class – 4 2:00 p.m. Indoor Bowling 4:00 p.m. Happy Half</p>	<p>8 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:30 a.m. *Picnic Lunch – 4 2:00 p.m. Colouring - -2 2:00 p.m. Sing Along – 3 2:00 p.m. Dominoes – 4 3:00 p.m. Sing Along – 4 3:15 p.m. 1:1/Walks 4:00 p.m. Happy Half</p>	<p>9 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 12:50 p.m. Walks/1-1 - 2 2:30 p.m. Music with Yuliya 4:00 p.m. Happy Half 6:45 p.m. Hangman Game Theme: Easter</p>	<p>10 9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Fitness 11:00 a.m. Fitness – 3 12:00 p.m. Zumba– 4 12:50 p.m. Walks/1:1 2:30 p.m. Luau Party with Wailele WaiWai 4:00 p.m. Happy Half 6:45 p.m. Gentle Touch & Hand Massage</p>	<p>11 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Hangman Game Theme: Dogs & Cats 4:00 p.m. Happy Half 6:45 p.m. Movie Night One Hundred and One Dalmatians (1961)</p> <p style="text-align: center;">“National Pet Day”</p>	<p>12 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 1:45 p.m. Bean Bag Toss - 2 2:30 p.m. Music with Lorraine Smith 3:00 p.m. Reminiscing 4:00 p.m. Happy Half 6:45 p.m. Documentary –</p>

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<p>13 9:00 a.m. Walk a Block 10:30 a.m. Fitness – 2 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit - 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Gardening 3:00 p.m. A Good Read - 3 4:00 p.m. Happy Half 6:45 p.m. Scrabble Game</p> <p>“National Scrabble Day” “National Gardening Day”</p>	<p>14 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy -2 11:00 a.m. Weight Class – 3 11:15 a.m. Fitness Class - 2 12:00 p.m. Weight Class – 4 2:00 p.m. Indoor Golf 4:00 p.m. Happy Half</p>	<p>15 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy- 2 11:30 a.m. Picnic Lunch - 2 2:00 p.m. Soup Club- 2 2:00 p.m. Sing Along 3 2:00 p.m. Domino – 4 3:00 p.m. Sing along 4 3:15 p.m. 1:1/Walks 4:00 p.m. Happy Half</p>	<p>16 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Mindfulness Meditation -3 11:15 a.m. Fitness Class – 2 12:00 p.m. Mindfulness Meditation - 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. 50’s Sock Hop Music with Bob Collins 4:00 p.m. Happy Half 6:45 p.m. Banana Split Ice Cream Social “National Banana Day”</p>	<p>17 9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Exercise 11:00 a.m. Fitness – 3 12:00 p.m. Zumba – 4 2:00 p.m. Music Therapy - 2 2:00 p.m. Floor Dart Game 2:00 p.m. Men’s Club 3:00 p.m. Fitness - 2 4:00 p.m. Happy Half 6:45 p.m. Arts & Crafts Theme: Easter</p>	<p>18 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Hangman Game Theme: Easter 2:00 p.m. Indoor Bowling – 2:00 p.m. Afternoon Walks 4:00 p.m. Happy Half 6:45 p.m. Movie Night</p> <p>“Good Friday”</p>	<p>19 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Karaoke 3:00 p.m. Reminiscing 4:00 p.m. Happy Half 6:45 p.m. Art Class Theme: St. Patrick’s</p>
<p>20 9:00 a.m. Walk a Block 10:30 a.m. Fitness – 2 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit – 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Easter Party with Robert Sproviero 4:00 p.m. Happy Half 6:45 p.m. Documentary on Easter</p>	<p>21 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class – 4 2:30 p.m. Floor Dart 4:00 p.m. Happy Half</p>	<p>22 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:30 a.m. Picnic Lunch - 3 2:00 p.m. Smoothie Social - 2 – 2 2:00 p.m. Sing Along 3 2:00 p.m. Domino - 4 3:00 p.m. Sing along 4 3:15 p.m. 1-1 visits 4:00 p.m. Happy Half</p> <p>“Passover begins”</p>	<p>23 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Mindfulness Meditation – 3 12:00 p.m. Mindfulness Meditation - 4 2:30 p.m. Movie Tunes with Anna de Pansacola 4:00 p.m. Happy Half 6:45 p.m. Domino</p>	<p>24 9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Exercise 11:00 a.m. Fitness– 3 12:00 p.m. Zumba – 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Music Therapy 2:00 p.m. Karaoke 2:00 p.m. Indoor Bowling 3:30 p.m. Resident-Led-Council Meeting 4:00 p.m. Happy Half 6:45 p.m. Pub night & Karaoke with Bethany</p>	<p>25 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 2:30 p.m. Celebration of Life with Rebecca Blair 4:00 p.m. Happy Half 6:45 p.m. Movie Night</p>	<p>26 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Flower Arranging 4:00 p.m. Happy Half 6:45 p.m. Art Class</p>
<p>27 9:00 a.m. Walk a Block 10:30 a.m. Fitness – 2 11:00 a.m. Fitness – 3 12:00 p.m. NeuroFit – 4 12:50 p.m. Walks/1-1 – 2 1:45 p.m. Colouring - 2 2:00 p.m. Bingo 4:00 p.m. Happy Half 6:45 p.m. Documentary on Babe Ruth “National Babe Ruth Day”</p>	<p>28 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy – 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class– 4 2:00 p.m. Poetry Reading 4:00 p.m. Happy Half</p> <p>“National Poetry Reading Day”</p>	<p>29 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy -2 11:30 a.m. Picnic Lunch - 4 2:00 p.m. Baking Club – 2 2:00 p.m. Sing Along 3 2:00 p.m. Domino - 4 3:00 p.m. Sing along 4 3:15 p.m. 1-1 visits 4:00 p.m. Happy Half</p>	<p>30 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Mindfulness Meditation - 3 12:00 p.m. Mindfulness Meditation - 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Welcome New Residents – Hand Over Heart 4:00 p.m. Happy Half 6:45 p.m. Arts & Crafts Theme: Mother’s Day”</p>			

