

# ACTIVITY CALENDAR - OCTOBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Note:</b>  <b>Schedule of activities/programs may change without notice.</b>  <b>Thank you!</b></p>		<p><b>1 Picnic Lunch 3</b>            9:00 a.m. Walk a Block            11:00 a.m. Picnic Lunch            2:00 p.m. Sing Along - 3            2:00 p.m. Domino - 4            3:00 p.m. Sing Along 4            4:00 p.m. Happy Half</p>	<p><b>2</b>            9:00 a.m. Walk a Block            11:00 a.m. Mindfulness Meditation - 3            12:00 p.m. Mindfulness Meditation - 4            2:30 p.m. Birthday Party Luna Rossa            4:00 p.m. Happy Half            5:00 p.m. A Good Read            6:45 p.m. Bingo</p>	<p><b>3</b>            9:00 a.m. Walk a Block            10:30 a.m. Parkinson's Fitness with Aubrie            11:00 a.m. Fitness - 3            12:00 a.m. Fitness - 4            12:50 p.m. Walks/1:1            2:00 p.m. Indoor Golf            4:00 p.m. Happy Half            6:45 p.m. Documentary</p>	<p><b>4</b>            9:00 a.m. Walk a Block            11:00 a.m. Fitness - 3            12:00 p.m. Fitness - 4            2:30 p.m. Classical Music Patrick Ray            4:00 p.m. Happy Half            6:45 p.m. Movie Night "Tin Cup" 1996            National Golf Lover's Day</p>	<p><b>5</b>            9:00 a.m. Walk a Block            9:30 a.m. Catholic Service            11:00 a.m. Fitness - 3            12:00 pm. Fitness - 4            2:00 p.m. Flower Arranging            4:00 p.m. Happy Half            6:45 p.m. Art Class</p>
<p><b>6</b>            9:00 a.m. Walk a Block            11:00 a.m. Fitness - 3            12:00 p.m. Fitness - 4            2:00 p.m. Bingo            4:00 p.m. Happy Half            6:45 p.m. Domino</p>	<p><b>7</b>            9:00 a.m. Walk a Block            11:00 a.m. Weight Class - 3            12:00 p.m. Weight Class - 4            2:00 p.m. Ring Toss Game            4:00 p.m. Happy Half</p>	<p><b>8 Lunch &amp; Learn on Fiji 4</b>            9:00 a.m. Walk a Block            11:00 a.m. Lunch &amp; Learn on Fiji with Doreen            2:00 p.m. Sing Along - 3            2:00 p.m. Domino - 4            3:00 p.m. Sing Along - 4            4:00 p.m. Happy Half</p>	<p><b>9</b>            9:00 a.m. Walk a Block            11:00 a.m. Chair Yoga - 3            11:40 a.m. Chair Yoga - 4            2:30 p.m. Anna de Pansacola - Jazz            4:00 p.m. Happy Half            6:45 p.m. Pictionary            National Cupcake Day</p>	<p><b>10</b>            9:00 a.m. Walk a Block            10:30 a.m. Parkinson's Fitness with Aubrie            11:00 a.m. Fitness - 3            12:00 p.m. Fitness - 4            2:30 p.m. Fiji Day Robert Sproviero            4:00 p.m. Happy Half            6:45 p.m. Bingo</p>	<p><b>11</b>            9:00 a.m. Walk a Block            11:00 a.m. Fitness - 3            12:00 p.m. Fitness - 4            2:00 p.m. Advance Voting for Local MLA            4:00 p.m. Happy Half            6:45 p.m. Movie Night</p>	<p><b>12</b>            9:00 a.m. Walk a Block            9:30 a.m. Catholic Service            11:00 a.m. Fitness - 3            12:00 pm. Fitness - 4            2:00 p.m. Karaoke            4:00 p.m. Happy Half            6:45 p.m. Art Class            "National Chess Day"</p>

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<p><b>13</b>            9:00 a.m. Walk a Block            11:00 a.m. Fitness – 3            12:00 p.m. Fitness – 4            2:00 p.m. Documentary            Thanksgiving Day theme            4:00 p.m. Happy Half            6:45 p.m. Pictionary</p>	<p><b>14</b>            9:00 a.m. Walk a Block            11:00 a.m. Weight Class – 3            12:00 p.m. Weight Class – 4            2:30 p.m. Thanksgiving Day            Party – Lorraine Smith            4:00 p.m. Happy Half</p>	<p><b>15 Picnic Lunch 2</b>            9:00 a.m. Walk a Block            11:00 a.m. Picnic Lunch            2:00 p.m. Sing Along 3            2:00 p.m. Domino - 4            3:00 p.m. Sing Along - 4            4:00 p.m. Happy Half</p>	<p><b>16</b>            9:00 a.m. Walk a Block            11:00 a.m. Mindfulness            Meditation - 3            12:00 p.m. Mindfulness            Meditation - 4            2:30 p.m. Exotic Animals            Day with Kevin            4:00 p.m. Happy Half            6:45 p.m. Hangman Game            National Boss’s Day</p>	<p><b>17</b>            9:00 a.m. Walk a Block            10:30 a.m. Parkinson’s            Fitness with Aubrie            11:00 a.m. Fitness – 3            12:00 p.m. Fitness – 4            2:30 p.m. Music with            Yuliya            4:00 p.m. Happy Half            6:45 p.m. Domino</p>	<p><b>18</b>            9:00 a.m. Walk a Block            11:00 a.m. Fitness – 3            12:00 p.m. Fitness – 4            2:00 p.m. Baking            4:00 p.m. Happy Half            6:45 p.m. Movie night</p>	<p><b>19</b>            9:00 a.m. Walk a Block            9:30 a.m. Catholic Service            11:00 a.m. Fitness – 3            12:00 p.m. Fitness – 4            2:00 p.m. Art Class with            Leonard            4:00 p.m. Happy Half            6:45 p.m. Bingo</p>
<p><b>20</b>            9:00 a.m. Walk a Block            11:00 a.m. Fitness – 3            12:00 p.m. Fitness – 4            2:30 p.m. Dorothy Uy            Teng-Su Music Recital            4:00 p.m. Happy Half            6:45 p.m. Documentary</p>	<p><b>21</b>            9:00 a.m. Walk a Block            11:00 a.m. Weight Class – 3            12:00 p.m. Weight Class – 4            2:00 p.m. Floor Dart Game            4:00 p.m. Happy Half</p>	<p><b>22 Picnic Lunch 3</b>            9:00 a.m. Walk a Block            11:00 a.m. Picnic Lunch            2:00 p.m. Sing Along - 3            2:00 p.m. Domino – 4            2:00 p.m. Afternoon            Program - 2            3:00 p.m. Sing Along - 4            4:00 p.m. Happy Half</p>	<p><b>23</b>            9:00 a.m. Walk a Block            11:00 a.m. Mindfulness            Meditation - 3            12:00 p.m. Mindfulness            Meditation- 4            2:00 p.m. Indoor Golf            4:00 p.m. Happy Half            5:00 p.m. Reminiscing            6:45 p.m. Movie Night            National Spooky Movie            Day</p>	<p><b>24</b>            9:00 a.m. Walk a Block            10:30 a.m. Parkinson’s            Fitness with Aubrie            11:00 a.m. Fitness – 3            12:00 p.m. Fitness - 4            2:00 p.m. Tea &amp; Toast            3:30 p.m. Resident            Council Meeting            4:00 p.m. Happy Half            6:45 p.m. Word Timer</p>	<p><b>25</b>            9:00 a.m. Walk a Block            11:00 a.m. Fitness – 3            12:00 p.m. Fitness - 4            2:30 p.m. Celebration of            Life - Rebecca Blair            4:00 p.m. Happy Half            6:45 p.m. Movie night</p>	<p><b>26</b>            9:00 a.m. Walk a Block            9:30 a.m. Catholic Service            11:00 a.m. Fitness – 3            12:00 p.m. Fitness – 4            1:15 p.m. Walks/1:1 2            2:00 p.m. Baking –            Halloween Cup Cakes            4:00 p.m. Happy Half            6:45 p.m. Arts &amp; Crafts            Theme: Remembrance Day</p>

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<p><b>27</b>            9:00 a.m. Walk a Block            11:00 a.m. Fitness – 3            12:00 p.m. Fitness – 4            2:00 p.m. Bingo            4:00 p.m. Happy Half            6:45 p.m. Crossword            Puzzle</p>	<p><b>28</b>            9:00 a.m. Walk a Block            11:00 a.m. Weight Class – 3            12:00 p.m. Weight Class – 4            2:00 p.m. Bean Bag Toss            4:00 p.m. Happy Half</p>	<p><b>29</b> <b>Picnic Lunch 4</b>            9:00 a.m. Walk a Block            11:00 a.m. Picnic Lunch            2:00 p.m. Sing Along - 3            2:00 p.m. Domino - 4            3:00 p.m. Sing Along - 4            4:00 p.m. Happy Half</p>	<p><b>30</b>            9:00 a.m. Walk a Block            11:00 a.m. Mindfulness            Meditation - 3            12:00 p.m. Mindfulness            Meditation- 4            2:30 p.m. Welcome New            Residents – Hand Over            Heart            4:00 p.m. Happy Half            5:00 p.m. A Good Read            6:45 p.m. Bingo</p>	<p><b>31</b>            9:00 a.m. Walk a Block            10:30 a.m. Parkinson’s            Fitness with Aubrie            11:00 a.m. Fitness – 3            12:00 a.m. Fitness – 4            2:30 p.m. Halloween Party            – Lorraine Smith            4:00 p.m. Happy Half            6:45 p.m. National Knock            Knock Joke Day</p>		